# Classes

#### Free Play

A great way to introduce your toddler to the world of gymnastics in a fun safe & supervised environment.

#### **Preschool**

Students will be introduced to the fundamentals of gymnastics as well as increasing their coordination and balance.

#### **Advanced Preschool**

Students will work to develop the fundamental skills of gymnastics.

#### **Beginner Girls & Boys Gymnastics**

Students will be introduced to the fundamentals of gymnastics while creating a fun, focused and progressive learning experience.

#### **Intermediate Gymnastics**

Students work on developing the fundamentals of gymnastics and learning the progressions of more difficult skills.

#### **Advanced Gymnastics**

Students work on honing the fundamentals while working more difficult skills that come with the sport of gymnastics.

#### **Beginner Tumble**

Students will be introduced to the fundamentals of tumbling.

#### **Intermediate Tumble**

Students will work on developing strong tumbling technique while introducing them to more challenging skills.

#### **Advanced Tumble**

Students will work on honing the fundamental skills while working on tumbling connections and salto work.

# **Schedule**

Classes are 1 hour unless otherwise noted Free Play

Tuesday - 4 pm Wednesday - 6 pm

Preschool - 45 min. classes

Monday - 4 pm

Friday - 4 pm

Saturday - 10 am

**Advanced Preschool** 

Tuesday - 4 pm

**Boys** 

Monday - 5 pm

Wednesday - 7 pm

**Beginner Gymnastics** 

Monday - 4 pm

Tuesday - 4 pm

Wednesday - 6 pm

Friday - 5 pm

**Intermediate Gymnastics** 

Tuesday - 6 pm

Thursday - 4 pm

**Advanced Gymnastics** 

Wednesday - 4 pm

Friday - 6 pm

**Beginner Tumble** 

Wednesday - 5 pm

Saturday - 11 am

**Intermediate Tumble** 

Monday - 4 pm

Wednesday - 6 pm

Thursday - 6 pm

**Advanced Tumble** 

Tuesday- 7 pm

Saturday - 12 noon

#### **Prices**

1 hour classes:

\$70/month

45 min. classes:

\$60/month

Free play

\$5 per hour

Sibling discount

2nd Class discount

Annual registration fee not included in the above





# CONTACT

3111 Moon Station Rd. NW Kennesaw, GA 30144

coach@genesisgymnasticsandcheer.com

770-795-9950



@genesisgymnasticsandcheer



@Genesisgym1



# SPONSORS



Sponsorships available Please see from desk for details

# B R A N D I N G A B O V E B R A N D I N G

moo.gnibneblinebranding.com

# **OPEN GYM**

We offer open gym for groups of 3 or more (Limited time slots)
Please stop by the front desk for details



# **Group Tumble Program**Looking for some extra tumbling training and time for your cheer group?

Give us a call. We offer group rates and discounts for area teams



**Camp**We offer the following camp schedule.
Please call for pricing.

Winter Camp
December 21st - 22nd
December 26th - 29th
January 2nd - 5th

February Break February 19th - 23rd

**Spring Break** April 2nd - 6th

### **OTHER PROGRAMS**

All programs are 1 hour unless otherwise noted (call for prices)

Stunt Program - Youth Ages 10-15

Students will work on basic stunt skills: Falls, tumbles, stage fighting & more Class time: 2 hours

Stunt Program - Adult

Ages 16+
Students will work on basic stunt skills: Falls,
tumbles, stage fighting & more
Class time: 2 hours



Silks - Youth Ages 8-15

Students will work on aerial skills: Positions, holds, spins & more

Silks - Adult

Ages 16+ Students will work on aerial skills: Positions, holds, spins & more

